

Kate Washington MP
invites you to hear from

**THE NSW MENTAL HEALTH
COMMISSIONER JOHN FENELEY
& OTHER MENTAL HEALTH SPECIALISTS TO DISCUSS:**

**What is mental health?
Who does it affect?
How do we support people?
Where can we find help?**

**5.45pm for a 6pm start,
Tuesday 6 September 2016
at Wests Nelson Bay Diggers**

“I believe everyone knows someone who’s suffering mental health issues. I hope you can join me to improve our awareness and understanding at this free forum.”



TO RSVP please contact **4987 4455**
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