



# Karuah News

**Karuah Progress Association Inc.**

0410 616 132

karuahpa@outlook.com

www.karuah.org

**Issue 9 – Oct 2024**

## KARUAH PEARLS NETBALL CLUB

The Karuah Pearls Netball season has now officially come to an end, turn to *Page 9* for presentation results.



## Karuah Rugby League Football Club

The Karuah Rugby League Football season has now officially come to an end, turn to *Page 9* for presentation results.



## Karuah Oyster & Timber Festival

Sat 19th October

Longworth Park, 7 Barclay St, Karuah

World class axemen ● World class oysters  
Quality markets

Famous duck race on the picturesque Karuah River

COMMUNITY DIARY		
13 Oct	4-5.30pm	Messy Church @ Anglican Church
23 Oct	7pm	Karuah Progress Assoc @ Karuah RSL
19 Oct		Oyster & Timber Festival
11 Dec	3-5pm	RSL Childrens Xmas Party @ Karuah RSL
11 Dec	5-7.30pm	Carols in Longworth Park, Karuah
1 Nov	9-3pm	Revitalise Conference @ Karuah RSL
1st Tues	7pm	Karuah Local History Group @ Karuah RSL
2nd Wed	2.30pm	<b>Women's Shed. This is for all women.</b> Lady of the Rosary, Marian House (P11)
Every Tues	9-11	Mobile Library @ Karuah Centre
Every Tues	10.30	Euchre @ Karuah RSL
Every Tue	1pm	Drop in Musical Jam @ Karuah RSL (P6)
Every Tues & Thurs	10-2pm	Karuah Connect—on demand bus service (see Page 3)
Every Wed	10-12	Meet Karuah Fire Brigade @ Fire Station
2nd Fri	10.30-12pm	Living through Grief @ Karuah RSL
4th Fri	10.30-12pm	Living through Grief @ Grange Clubhouse Boardroom, Tea Gardens
1st Sun	9-2pm	Green Waste Collection @ Community Cntr

Flourishing people  
Flourishing places  
Flourishing habitats

An energising event focusing on revitalising social and natural habitats and town centres, plus reimagining volunteering.

## Revitalise.

**Fri 1 November 2024 —Karuah RSL**

Revitalise will be an inspiring event focusing on how to revitalise your street, community, place, organisation or local environment. Discover the special place and community that is Karuah.

Find out more at:

<https://events.humanitix.com/revitalise-2024> or  
<https://karuah.org>

***Our appreciation goes to the team at the KARUAH RSL for proof reading and printing***



# NEWS FROM KARUAH RSL

Last Day for Lawn Bowls in 2024 is Sunday October 20th.  
Bookings for Melbourne Cup are being taken now.



**Fridays & Saturdays**  
7pm -10.30pm

- Friday 4th **SHAZA'S KARAOKE** Function Room
- SATURDAY 5th ROX** Main Bar
- Friday 11th **JOAN EASTMAN** Main Bar
- Saturday 12th **IAN SANDERCOE** Main Bar
- Friday 18th **DREAMCATCHERS** Main Bar
- Saturday 19th **JAI MAREE** Main Bar
- Friday 25th **PATRICK McMAHON** Main Bar
- Saturday 26th **SAM RUSSELL** Main Bar

## Melbourne Cup Calcutta

Draw & Auction 6.30pm  
Monday 4th November  
Tickets \$1 each  
available from the bar.



How do they work? It's easy!

Part 1 works just like a raffle.

You buy a ticket and if you have a winning number you get the prize. In this case it's the name of one of the 24 runners in the Melbourne Cup. Each runner is up for auction in the Calcutta and the winner who won that particular horse in the raffle wins half of the money that was bid and paid for it at the auction.

Part 2 is the auction.

People get to bid for the horse that they think will win or run a place in the Melbourne Cup. The highest bidder wins that horse. The money paid for the winning bid is divided into halves, one half to the prize pool and the other half to the 'raffle winner' of the horse.

The prize pool is divided into 60% to first place, 25% to second, 10% to third and 5% to last place.

First place 2023 paid \$3,030 and this year will pay \$3,000 minimum. You don't have to pay big bucks for the most favoured horse. Buy a bargain long shot - the horse that came last paid \$252.50!

BRIDGEVIEW RESTAURANT PRESENTS

## MELBOURNE CUP Luncheon

**TUESDAY 5<sup>TH</sup> OF NOVEMBER**  
12 PM - 2 PM

**\$30 PER PERSON**

- \* ALL YOU CAN EAT BUFFET \* WITH LOTS OF SEAFOOD
- \* UNLIMITED PRAWNS & DESSERTS \*
- \* 12 ASIAN DISHES WITH SEAFOOD \*
- SALT & PEPPER SQUID, SEAFOOD STIR FRY, BLACK BEAN MUSSELS, CURRY PRAWNS & MUCH MORE!
- \* UNLIMITED GRAZING BOARD, FRESH SALAD, \* FRUITS, CHEESECAKE, SWEETS & DESSERTS

**BOOKINGS ESSENTIAL** : BOOK ONLINE OR CALL US (02) 4997 5297

## KARUAH RSL EVENTS

Ph.: 4997 5297

### MONDAY

Open 10am - 10pm  
BINGO - Eyes Down 11am

### TUESDAY

Open 10am - 10pm  
**Tuesday Bowls**  
Names in by 9.30am and play at 10am  
EUCHRE 10.30am  
KARUAH ROO'S MEAT RAFFLE drawn 7pm  
ALL YOU CAN EAT ASIAN BUFFET 5.30pm

### WEDNESDAY

Open 10am - 10pm

### THURSDAY

Open 10am - 10pm  
BINGO - Eyes down 11am  
**Thursday Bowls**  
Names in by 9.30am to play at 10am  
CRICKET CLUB MEAT RAFFLE drawn from 6.30pm  
FUN TRIVIA from 7pm

### FRIDAY

Open 10am - Midnight  
MEAT & SEAFOOD RAFFLE drawn from 6.30pm  
PLUS

**KING OF DIAMONDS DRAW \$1000 minimum**

LIVE MUSIC 7- 10.30pm

### SATURDAY

Open 10am - Midnight  
COURTESY BUS AVAILABLE 11.30am  
HAPPY HOUR 1 to 3pm  
Excellent TAB facilities

### Saturday Bowls

Names in by 12.30pm to play 1pm  
MEMBERS FREE RAFFLE drawn 4.45pm  
LIVE MUSIC 7-10.30m

### SUNDAY

Open 10am - 10pm  
MEAT & SEAFOOD RAFFLE drawn from 12.30pm  
PLUS  
**KING OF DIAMONDS DRAW \$1000 minimum**  
POKER 11.30am Rego. WIN \$500 only \$20 to play!



## Karuah Progress Association (KPA)

KPA is a non-profit organisation dedicated to enhancing the Karuah community. Its mission is to improve residents' quality of life through social, economic and environmental initiatives.

**We welcome new members, volunteers and community support. We invite input from you, the community.**

### TOPICS OF DISCUSSION AND PROJECTS

- ◆ Tarean Rd repair scheduled for 2024/25
- ◆ Karuah boardwalk to commence 2024 - \$67,000
- ◆ Muston's Rd widened 2024 - \$1.6 m
- ◆ RV parking
- ◆ Revitalise Karuah—1 November
- ◆ Riverside Drive Fire Hydrants
- ◆ Carols by Candlelight - 11 Dec in Longworth Park
- ◆ Christmas Monster Raffle
- ◆ Community Christmas Tree Decoration
- ◆ KPA to run sausage sizzle at Oyster & Timber Festival and Carols
- ◆ Karuah Notice Board and Town Map
- ◆ Town Merchandise

**We are asking YOU, the Community, for any donations that would be suitable as prizes for a MONSTER CHRISTMAS RAFFLE. All proceeds go back into the Karuah Community. Email below and we can pick up.**

NEXT MEETING: Wed 23 Oct 2024 / 7.00pm at the RSL (4th Wed of the month)

**Contact:** [karuahpa@outlook.com](mailto:karuahpa@outlook.com) or follow Facebook to support event updates & announcements @ Karuah Progress Association—KPA



PORT STEPHENS  
COUNCIL

## NEWS

With the recent Local Government Elections, there's no better time to stay informed with what's happening across Port Stephens

Why don't you sign up to Council's e-newsletter **Your Port**. Every month, you'll receive all the latest information directly to your inbox. The content varies each month, but generally you'll hear about:

- Opportunities to have your say on upcoming Council projects or strategies
- Exciting events happening in your area
- Environmental initiatives Council is focusing on
- Community funding opportunities, including grants and scholarships
- Chances to get involved in grass-roots community projects
- Career opportunities at Council

### Stay informed Get involved

in Port Stephens



Subscribe to our newsletter



PORT STEPHENS  
COUNCIL

An informed community is an empowered community subscribe now at [pscouncil.info/sign-up](https://pscouncil.info/sign-up)

Check Council's project page for the latest updates. <https://www.portstephens.nsw.gov.au/services/projects/2023-2024>

Why are frogs always so happy?  
They eat whatever bugs them.

# WRAP WITH LOVE

A big thank you to Mary Witt for her lovely rugs,  
Gay for her lovely crocheted squares,  
Yolanda Keen for her knitted ones.

*Jenny, Wrap With Love*

**We no longer meet at the Visitor's Centre**

Donations are still gratefully accepted for  
wool, squares and rugs.

Phone Jenny 0448 880 509 and I will pick up

## MOBILE LIBRARY TIMES

2024

**Karuah Community Centre**  
**Every Tuesday—9 - 11am**



Access over 10,000 items on board with the added benefit of borrowing from the entire Newcastle Region Library collection.

**Services include:** Computers, Free Internet and Wi-Fi, Books, Magazines, DVDs, CDs, Printing and photocopying, Seed library.

**Come along for some fun, food,  
faith and funky craft!**



**For children in school years 4, 5 and 6.**

Where: St Columba Anglican Church Hall, 414A Tarean Road, Karuah

When: Friday afternoons during school term, 3:15 - 5pm (school pick up available)

Cost: \$2 per child.

For further information and sign up link please contact Joel Cottier on  
0490848435  
or [messychurch2324@gmail.com](mailto:messychurch2324@gmail.com)



ADVERTISEMENT

A portrait of Kate Washington MP, a woman with short dark hair, smiling, wearing a red blazer. The background is a scenic view of a coastline with blue water and green hills.

**Your local voice in  
NSW Parliament**

**KATE WASHINGTON MP**  
MINISTER FOR FAMILIES AND COMMUNITIES  
MINISTER FOR DISABILITY INCLUSION  
MEMBER FOR PORT STEPHENS

📍 26 William St, Raymond Terrace 📮 PO Box 82, Raymond Terrace NSW 2324  
☎ 02 4987 4455 📧 [portstephens@parliament.nsw.gov.au](mailto:portstephens@parliament.nsw.gov.au)

Authorised by Kate Washington MP, 26 William St, Raymond Terrace NSW 2324 funded using parliamentary entitlements.

## PEEPING INTO THE PAST – From the Sydney Morning Herald 22<sup>nd</sup> August 1938 by Robyn Witt

### NEW FORESTRY VILLAGE – TIMBER FOR EXPORT. Commission's Project

With the growing demand by New Zealand and overseas markets for iron bark, the Forest Commission has set out to build up on a permanent basis, a new export industry. This activity will be set well on its way when the Minister for Forests, Mr Vincent, next Saturday lays the Foundation Block, in Port Stephens iron bark, of the administrative offices of the Wallaroo Forest Station and Vincent Forest Village at Wallaroo, 28 miles from Newcastle on the main highway.

The new office will be the centre of management of a national forest of 17,928 acres established by the Forestry Commission, and the village will accommodate 40 to 50 youths who in the past have not been able to secure continuous employment, but will now be provided with work by the commission.

The new undertaking follows an extensive reconnaissance by the Forestry Commission of the potential timber lands of the Newcastle region. Freehold lands totalling 3,987 acres have been acquired by the Commission for purchase, and other areas are in course of acquisition to link up previously remnant reservations in a worthwhile national forest area. The district in the past has been the centre of immense timber activities, but with the alienation and exhaustion of the original timber lands activities diminished almost to vanishing point.

The Wallaroo Forest Station has been planned carefully for the carrying out of the five-fold purpose of national forests – to maintain the timber supply; protect the watersheds; preserve desirable flora and fauna; furnish incidental forest grazing; and provide forest recreation.

The Vincent Village, which will be a notable feature of the layout, will comprise quarters for the youths to be employed. Parking and camping space, with fireplaces and water, have been provided for visitors on grounds which will be known as the Wallaroo National Forest Park.

Groups associated with the establishment of the national forest and village include the Newcastle Young Citizen's Association; the Tree Planting and Preservation League; the Rotary Club; Toc H; Y.M.C.A. and Chamber of Commerce.



**DELIVERING FOR OUR COMMUNITY**

**Dr David GILLESPIE MP**  
Federal Member for Lyne

*He Listens. He Cares. He Delivers.*

For more information about community project funding, assistance with Federal Government services or to have your say on our Vision 2030 Plan visit [www.davidgillespie.com.au](http://www.davidgillespie.com.au)

**Wauchope:** 📍 Shops 2&3, 43 High Street, Wauchope NSW 2446 ☎️ 6586 4462  
**Taree:** 📍 144 Victoria Street, Taree NSW 2430 ☎️ 6557 8910  
✉️ david.gillespie.mp@aph.gov.au 🌐 davidgillespie.com.au 📘 DavidGillespieMP

Authorised by Dr David Gillespie MP, National Party of Australia, 144 Victoria Street, Taree NSW 2430.

The poster features a large portrait of Dr David Gillespie on the left. On the right, there are two smaller inset photos: one showing a group of people sitting around a table in a meeting, and another showing three people standing on a beach holding a sign that says 'GIVE THE MARRIAGE ALIVE'.



# Karuah OSHC Vacation Care Program

## September 30th-October 11<sup>th</sup>



	Monday 30 <sup>th</sup> Sep	Tuesday 1 <sup>st</sup> Oct	Wednesday 2 <sup>nd</sup> Oct	Thursday 3 <sup>rd</sup> Oct	Friday 4 <sup>th</sup> Oct
Week 1	<b>Wheels Day</b> 	<b>Bus Excursion to</b> 	<b>Tie Dye Day</b> 	<b>Nerf Battle</b> 	<b>Mexican Fiesta</b> 
Week 2	<b>PUBLIC HOLIDAY</b>	<b>Fishing Day</b> 	<b>Art &amp; Craft Day</b> 	<b>Pizza Shop Day</b> 	<b>Talent Show</b> 

**Wheels Day** We are putting together an awesome track on the school site, bring a helmet and some wheels (bike most suitable). We will start by covering some bike/wheel safety, before jumping into the obstacle course and having some fun.

**Spring Loaded** Dive into a variety of equipment, from trampolines and foam pits to obstacle courses and gymnastics apparatus. This one is a day out so permission slips for transport by bus are required.

**Tie Dye Day** Let your artistic side shine as we create vibrant and unique tie dye creations. Ensuring you leave with a one-of-a-kind masterpiece. BYO White T-shirt to dye and take home.

**Nerf Battle** We will start the program by covering safety and expectations when using nerf guns. The children will be fitted with safety masks and split into teams with a number of objective games to play.

**Mexican Fiesta** Join us for a fun filled Mexican fiesta! Get ready to dance, play games, and enjoy delicious Mexican food.

**Fishing** Fishing is always a popular request for our vacation care program. The children love taking the short walk to Longworth Park to wet a line and try to catch a keeper.

**Arts & Crafts** Get ready to unleash your creativity as we create masterpieces together. Bring your imagination and artistic skills. As we paint, glue and glitter our way through the day.

**Pizza Shop** Visiting our local Pizzeria. The children will get to customise their own pizza with their favourite topping and of course get to taste test the final product.

**Talent SHOW** Karuah OSHC is filled with talent and many of us love an opportunity to show off and share their special abilities. Our favourite part about an OSHC talent show is how supportive everyone is towards their peers while they perform ♥.



## Karuah Community Hall

# FOR HIRE

2 Engel Avenue, Karuah

Full kitchen and amenities

Contact Shane: [spewin@msn.com](mailto:spewin@msn.com)

### LOCAL DEFIBRILLATOR LOCATIONS

- Voluntary Fire Brigade
- Karuah Both Medical Centres
- Karuah Motor Yacht Club
- KRLFC Lionel Morten Oval
- Karuah RSL
- Karuah Tennis Clubhouse
- Community Centre - North Arm Cove

**Police/Fire/Ambulance/SES: 000**

**East Maitland Hospital: 4087 1000**



Phone: (02) 4997 5670  
 Operating Monday - Friday 8:30am - 4:00pm

*We acknowledge the traditional custodians of this land on which we live and work, both the peoples of the Karuah and Worimi Nations.*

**Wiyabu everyone**

Happy end of term 3! Wow how it's flying this year. We are in the thick of re-enrolments for next year and new enrolments will be done shortly. Local families interested in finding out about our preschool are invited to contact us so that we are able to include you in our open orientation visits. No obligation but a great opportunity to find out about Karuah Preschool, have a play and a fun morning. These will take place late October.

In the meantime, we have been keeping busy exploring our senses cooking wombat stew, making perfumes and potions with scented plants and herbs from our garden. We have been loving shaving creams and wonderfully smelly play doughs laced with pungent oils. Play and learning is a full body experience, and we are certainly capitalising every opportunity we can find to prove this. **Thank you & kind regards, Karen**



## OSHC Service

**Wiyabu everyone**

Phone: (02) 4997 5670 / 0476 454 037  
 Operating Monday - Friday 8:30am - 4:00pm

As term 3 comes to a close, the OSHC team have been busy planning an exciting vacation care program. We are thrilled to announce that we will be taking the children on an excursion to Springloaded, where they can enjoy jumping on the trampolines and inflatables, exploring the ninja park and gymnastics equipment, and playing on the playground. Additionally we have planned other enjoyable activities such as Fishing at Longworth park and pizza making at Karuah pizzeria. Check out our Vacation care program for more details. We understand the importance of providing a safe and engaging environment for children during school holidays, and our team is committed to ensuring that every child has a memorable and enjoyable experience at vacation care. If you haven't already booked your child in for vacation care, be sure to secure your spots soon as spaces are limited.

For anyone wishing to enrol their child please contact KARUAH preschool at [admin@karuahpreschool.org.au](mailto:admin@karuahpreschool.org.au) or 4997 5341. We recommend that if your interested in potentially using our OSHC for either vacation care or in term programs that enrolments are set up in advance, as it can take some time to process new enrolments. **Kind regards, Samantha, OSHC Coordinator**



## Garuwa Kids

Phone: (02) 4997 5670 / 0476 454 037  
 Operating Mon - Fri 8:30am - 4:00pm

**Garuwa Kids Association News—Wiyabu everyone**

On another note we are so proud to be on the list of local organisations that have been fortunate to be recognised by the Karuah Centre in its final activities.

Our Preschool and OSHC services have been the very grateful recipients of \$2000 each. This is not the first time that we been the recipient of a generous gift from you and would like you to know that as always we will put it to good use. We would like to say thank you to all of you that have contributed to this valuable local resource over the years. As a community managed organisation ourselves we understand It's tricky to keep community groups going and your commitment and dedication is to be commended. Watch this space to see how we use these gifts to provide opportunities for our local youth and young families.



What happened when a faucet, a tomato, and some lettuce ran a race together?  
 The lettuce was ahead, the faucet was running, and the tomato was trying to ketchup.



## Karuah Rural Fire Brigade News

### Karuah

Residents in local areas will notice smoke in the atmosphere for several weeks due to Hazard Reduction burns in the Lower Hunter. Wearing a mask will be beneficial. Make sure Air Conditioning units are clean and free of mould. For all emergencies always ring 000. Visit the station for a chat on Sundays 9am until 12pm.

### Always call 000 in emergencies

All visitors are welcome at the station For more information about volunteering with RFS <https://www.rfs.nsw.gov.au/volunteer/join-the-nsw-rfs>

Captain Jim Semple:  
You can contact me at the station on Sunday 9am - 12pm or Wed 10am-12pm



**WINC**  
If you love wildlife!

**Wildlife In Need of Care (WINC)**  
is your licensed volunteer wildlife rescue organisation if you live in the Port Stephens (north of Fern Bay), lower Great Lakes and Dungog/Gresford areas.

Call us for advice and help with displaced, injured or orphaned wildlife or to join our friendly group and learn how to rescue and care for our amazing native birds and animals.



**WILD LIFE IN NEED OF CARE**  
NURTURE TO NATURE

**1300 946 295 or 1300 WINC WL** 

BYO **ACOUSTIC** INSTRUMENTS FOR OUR

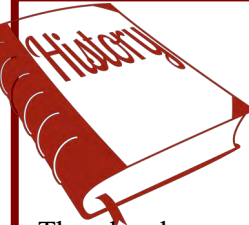
# DROP IN MUSICAL Jam

A COLLECTIVE OF **LOCAL MUSICIANS** conducting a musical jam session, all musicians & community members invited.

**ALL WELCOME, COME & ENJOY THE MUSIC!** **1PM EVERY TUESDAY**

Bring chords and words if original composition.

**At the Karuah RSL**  
436 Tarean Rd, Karuah NSW 2324 Ph: 4997 5297



## Karuah Local History Group

**Meets in the Parker Room, RSL Club 7.00pm on the first Tuesday of each month**

The local group works towards recording to preserve events and local people's history. We have produced small, reasonable cost publications from information received by members. Most of these books have been prepared by our members and are available for perusal and purchase at the Karuah Centre or from members.

If you are interested, please call in at the Centre to check what is there. We are keen to have people with information / photos or new members to join us at our meetings.

**If you wish to contact our group:**  
**Cliff Johnson on 4997 5217 or Paul Mulvaney on 0407 583 623**

## Local Sport Defibrillator Grant Program

### Grant Program for 2024/25

In 2024/25 the Local Sport Defibrillator Grant Program will provide grants of up to \$3,000 to sporting and recreational organisations. The Program will fund up to \$500,000 to these clubs across NSW.

In 2024/25 the NSW Government will continue to support organisations which are located, or who have a majority of members in the most disadvantaged areas of NSW. However, we have listened to feedback from the community and recognise that postcode borders do not determine the financial status of a club, so we are providing the opportunity for clubs who might not be eligible based on where they are located, but who are experiencing financial hardship to also apply.

**IMPORTANT DATES:**  
**Applications open:** 9.00am Tuesday 17 September 2024  
**Applications close:** Wednesday 27 November 2024, or until the funds are exhausted whichever is earlier.

[Local Sport Defibrillator Program \(LSDP\) 2024/25 | NSW Government](#)



## Karuah Pearls Netball



The Karuah Pearls Netball season has now officially come to an end.

All 5 teams represented our community with determination and resilience. Many thanks to all players, coaches, club members, executive committee, family, friends and just as important, our sponsors!

**Congratulations to Pearls and Malu for making the Grand final.** Despite not getting the win, you sure did go out there with outstanding determination. Something to be proud of!

Congratulations also to Bila, Dolphins and Opals for a great season. Thank you for playing!

We would also like to congratulate our season awardees :

### Spirit Award

Dolphins: Indi C  
Opals: Indigo B  
Pearls: Makenzie  
Bila: Madi D  
Malu: Beau

### Rising Star

Dolphins: Ruby M  
Opals: Leiana M  
Pearls: Maalaa M  
Bila: Sam C  
Malu: Danielle

### Overall 2024 Club Person of the Year: Pearl Manton

Special mention of these amazing sponsors - *Karuah and Districts RSL, AJN Oysters, Banks Marine, Karuah Hire, Karuah Bridgeview Restaurant, Hunter Quarries, Woodys Building and Garden Centre, Veolia, Kalon Beauty and Massage, Karuah Quality Meats, Karuah Oyster Bar, Pixel Pest Control and Wori-mi Warriors and lastly Karuah Working Together Committee.*

With your ongoing support 32 junior players and 21 senior players were able to stay on the court. We have been overwhelmed with your dedication to our players and our sport.

**Our next general meeting is 5:30, 16th October  
All welcome. Hope to see you there.**



## Karuah Rugby League Football Club



Would like to thank all their supporters, players, volunteers, committee and sponsors for a great 2024. We hope to see you all in 2025 for a bigger and better season.

*The Karuah RSL Club, Rollin Smoke Bar & Grill, Indigeco, Mobready, A Johnson Sawmill, Karuah Working Together, The Karuah Oyster Bar, Ink Air Conditioning, Autocolour, Karuah Kitchens, Karuah Bottle-O, MBL Plumbing, Karuah Motor Yacht Club, Hunter Quarries, Quicksmart Pest Management, Russ's Fresh Bake, Karuah Quality Meats, Websters Newsagency, PME Electrical, Karuah Bees, All Good Lawnmowing, AJN Oysters, Taylor's Outdoor Power Equipment, Phillip's Oysters, Tony King Auto Repair, South Bundy Buses, Banks Marine, Morten Family, Pixel Pest Control and Kalon Beauty & Massage.*

### The Women's award winners were:

Highest Points with 108 points:	Ebony Oakley
Most Tries with 12 tries:	Ebony Oakley
The Ken Barry Memorial for Rookie of the Year:	Jessica Coman
The Harold Evans Memorial for Rising Star:	Tiahli Bills
The Ben Johns Memorial for Coaches Award:	Torey Blanc
Georgie Ridgeway Memorial for Best Back:	Sophie Anderson
Best Forward:	Jessica
Best & Fairest :	Helena Bills
The Ben Langdon Memorial for Players:	Player Natash Harris

### The Men's award winners were:

Highest Points with 100 points:	Sam Croese
The Timmy Greentree Memorial for Most Tries with 16 tries:	Aiden Bills
The Ken Barry Memorial for Rookie of the Year:	Brody Morley
The Harold Evans Memorial for Rising Star:	Daniel Fleming
The Ben Johns Memorial for Coaches Award:	James Fogarty
The George Ridgeway Memorial for Best Back:	Brody Morley
Best Forward:	Mitchell Turvey
Best & Fairest:	Dylon Maher
The Ben Langdon Memorial for Players:	Player Daniel Evans
The Lionel Morten Memorial for Club Man:	Brett Morgan

Raffles are now on Tuesday night, start selling @ 5.30pm and drawn @ 6.30pm. Once daylight saving starts the times will change to selling @ 6pm drawn @ 7pm.

**The Karuah RLFC will be holding the bar at the Karuah Oyster & Timber Festival on Saturday the 19<sup>th</sup> October @ Longworth Park. Drop in and have a look at the sponsors packs for next season.**

**The AGM is Sunday 27<sup>th</sup> October 10am @  
The Karuah RSL Club in the meeting room  
Expressions of interest for Coaches are open**





Stephen McCarthy

0428 678 909

[stephensgr8@gmail.com](mailto:stephensgr8@gmail.com)

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Monumental Masons & Memorials

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Additions*



## Medowie OPTOMETRIST

35 Ferodale Rd. Medowie

[in the front corner of Medowie Hardware building]

**PHONE 4982-3555 or 0448-224743**

Or Book Online at

[www.medowieoptometrist.com.au](http://www.medowieoptometrist.com.au)

Open Mondays, Wednesdays & Fridays  
and some Saturdays

[Also at Tanilba Bay on Tues & Thurs]



## CENTURY 21 Coastal Properties

**AS YOUR LOCAL REAL ESTATE AGENT WE  
HAVE PREPARED A SPECIAL REPORT TO  
SHOW THE ACTIVE PROPERTY  
VALUES AROUND YOUR STREET**

As a result of the changing market, many residents are keen to know the current market of their property in comparison to properties sold in the last 12 months. We will produce a report & we hope you benefit from our knowledge. If you would like your own property appraised in the near future contact us:

Ivy Stevenson:

[ivy\\_stevenson@coastalproperties.net.au](mailto:ivy_stevenson@coastalproperties.net.au) / 0432 705 766

Bryan Stevenson:

[bryan\\_stevenson@coastalproperties.net.au](mailto:bryan_stevenson@coastalproperties.net.au) / 0419 384 569



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### Google in 4-year Court Battle

Google Search has been in a court battle with the Department of Justice in America since 2020, over its monopoly of online search. Unless you particularly try to use Bing as your search, every other search goes through Google.

Google pay Firefox/Mozella \$450 million dollars per year to have all the searches go through Google. Google pay Apple \$20 billion dollars per year to have all iPhones/Ipads search through Google. Google pay Samsung \$8 billion to have all search and voice assistant go through Google.

The reason for this is to control the search and get more money for adverts. The court case is still ongoing and a decision is not expected until August 2025, it may result in the search part of Google being split up from the rest of the company.

Although this is not an ideal situation, as they can charge more for advertisement, I would still trust Google more than Microsoft.



PORT STEPHENS  
**KOALA  
HOSPITAL**

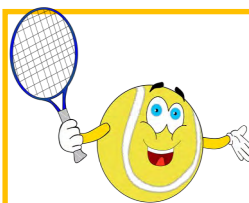
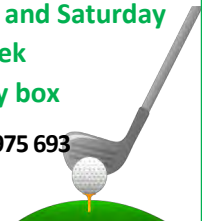
If you see any sick or injured koala's,  
or any injured  
Native Australian Wildlife,  
please call the  
Port Stephens Koala Hospital  
24 hour Rescue Line on  
**1800 775 625**



Karuah is a wonderful 9 hole golf course, the fairways are intertwined with the bush and you can always spot wildlife on the way round. You will never, never know if you never, never go.

**Competitions are held each Tuesday and Saturday**  
**Course open 7 days a week**  
**Fees to be placed in honesty box**

154 Tarean Road, Karuah Phone 0499 975 693  
karuahgolfclub.com.au



### KARUAH & DISTRICT TENNIS CLUB NEWS

KaruahTennis@gmail.com  
<https://play.tennis.com.au/>  
KaruahTennisClub, 2 Engel Ave, Karuah

**Looking for a great way to get fit & meet  
new people - Then TENNIS is the option!!**

We are always looking for new members and would love to welcome you to our family friendly, growing club. We run social competitions every term for all experience levels. Here new players can get to know us and we can grade you into the season's comp, while playing for some glassware at the same time!

Things to enjoy at our club:

- Kids Tennis every Friday from 4pm
- Social Nights will be held throughout the season.
- You will meet great people and get fit at the same time!
- Cheap fees and membership.
- Kids of all ages from the start of primary school are welcome on a Friday. As well as any adults looking to hone their skills.

If you are interested call Damien on 0411 328 114



### **Karuah Motor Yacht Club**

**WELCOME**

**to our family-friendly sports club!**

Join us every Friday night from 5pm at our licensed venue for delicious family meals and desserts.

On special nights, enjoy live music.

Our courtesy bus is available every Friday night for your convenience.

**Stay updated by following us on Facebook and the Karuah Community website - Karuah.org**

[mail@kmyc.net.au](mailto:mail@kmyc.net.au)

<https://www.facebook.com/karuahmotoryachtclub/>  
Off Pacific Hwy, Karuah Waterfront, Karuah



The Karuah Hub is run by the team at First-chance and led by our specialist Early Intervention Educators, providing local families with:

- A community-led playgroup for 2 hrs per week during school terms
- A Speech Therapist and Occupational Therapist to support children and families
- Individual support to parents/carers

*All welcome—parents, carers, grandparents and siblings. Lunch provided.*

When: Every Tuesday during school terms - 10am to 12pm

Where: Aboriginal Community Hall, Mustons Rd, Karuah

No need to book, just come along and meet our team

**Need to know more:**

Phone 49103130 / email: [reception@firstchance.org.au](mailto:reception@firstchance.org.au)  
website [www.firstchance.org.au](http://www.firstchance.org.au)



**MEALS ON WHEELS**  
More than just a meal!

Meals on Wheels

- ◆ We provide meals to Tea Gardens, Hawks Nest and areas from Karuah to Bulahdelah.
- ◆ Meals are nutritious and a variety is available for selection.
- ◆ Specific dietary requirements can be catered for including vegetarian, gluten free and diabetic.



**Did you know?** Meals on Wheels has been operating for over 40 years in our area. We are always on the lookout for volunteers either in our local kitchen or delivering meals.

**For more information phone our friendly office staff on 4997 0800**

**Karuah Konnect**

On-demand bus service

**Service times: Tuesdays and Thursdays, 10am to 2pm**

Gold coin donation, to invest back into the service



**TO BOOK CALL 4997 5297**

**PLEASE BOOK IN ADVANCE**

*The service will pick you up from your home and drop you anywhere in the designated area. Please remember to leave your mobile number with the Karuah RSL when booking.*

**Living Through Grief Group**

This group will give people experiencing grief and loss, an opportunity to meet with others in similar circumstances and to share their feelings and concerns. It will be a time for people to talk in a safe and comfortable setting, with some general input provided by Lee, both of whom have experience in working with these groups. Feel free to buy a coffee and bring into the meeting.

**Meetings to be held monthly:**

- 2nd Friday at Karuah RSL Boardroom, 436 Tarean Rd, 10.30 - 12pm
- 4th Friday at The Grange Clubhouse Boardroom, 31-93 Spinifex Ave, Tea Gardens 10.30-12pm

All welcome, this is a safe, inclusive, respectful place

Healing isn't always about therapy, it's often about:

- ◇ People
- ◇ Recognising we need them and
- ◇ Sometimes not knowing how to trust

It's allowing ourselves to exhale in the presence of someone safe, and trust ourselves there.

**Dr Glenn Doyle:**

*Can't clean up the whole room? Clean a corner of it.*

*Can't do all the dishes? Do a dish.*

*Can't get in the shower? Wash your face.*

*Always look for the things you CAN do, with the energy and focus you DO have. Little wins pave the way for bigger wins. 1% beats 0%.*

**KARUAH MEDICAL CENTRE**

406 Tarean Rd, Karuah, NSW 2324

Phone: 4997 5510 / 4997 5912

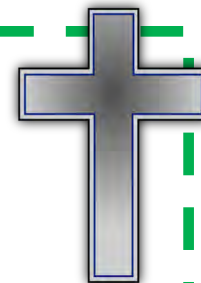
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- **Flu vaccinations** at clinic.
- **Shingris (Shingles vaccine)** is free for over 65.
- **Children's health:** Baby check, Immunisation, catch up.
- **General health:** General Check ups, Diabetes, Sexual Health check, Health assessment, Enhanced Primary Care Plans, Mental Health care plans, Aboriginal health Assessment
- **Women's health:** Cervical screening test, self collection is available.
- **Family Planning:** Infertility test, Impantation, IUD, OCP injections, Pregnancy tst, Antenatal shared care.
- **Surgery/treatment:** Skin Cancer check, Minor surgery, removal of lesions, suturing, lacerations, cryotherapy, wound care
- **Speciality Services:** ECG, Weight control, Travel vaccine, pre-employment check up, fitness to drive medical assessment
- **Mental Health Plan**
- **Counselling**
- **Hypnosis**
- **Hearing Check**

**Did you hear about the painter who was hospitalized? The doctors say it was due to too many strokes.**

## THE KARUAH UNITING CHURCH

The Karuah Uniting Church services & times for October are currently as follows:  
*Any changes to this can be found on our website: [grahamstown.uca.org.au](http://grahamstown.uca.org.au)*

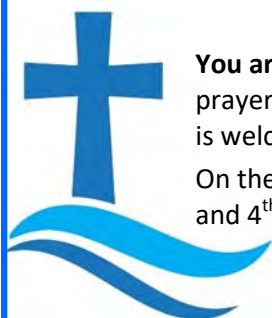


- Date:** October 6                      **Time:** 2.00 pm                      **Minister:** Joe Kalou  
**Date:** October 13                      **Time:** 11.00 am                      **Minister:** Rev Waisea Logologo  
Holy Communion and lunch after church.  
**Date:** October 20                      **Time:** 10.00 am                      **Minister:** Rev Waisea Logologo  
**No Service.** Karuah congregation joining Raymond Terrace congregation in Raymond Terrace.  
**Date:** October 27                      **Time:** 2.00 pm                      **Minister:** Joe Kalou

Our Hall is available for hire. We have a form to be filled for that purpose and it is available from myself, Andrew, I can be contacted by email at: [johnlanda@gmail.com](mailto:johnlanda@gmail.com) or phone 0437 115 032.

*Be Blessed. Andrew Landa for the Karuah Uniting Church*

### ST COLUMBA ANGLICAN CHURCH — KARUAH



**You are warmly invited to join us** on Sunday mornings at 8:30am for a time of singing, a Bible talk, prayers and morning tea afterwards. Our congregation ranges in ages from 2 to 92 and everyone is welcome! We sing a range of songs including hymns, choruses and contemporary music.

On the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Sundays of the month we have a Holy Communion service and on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays we have a more relaxed Praise, Prayer & Proclamation service.

**Messy Church** is held once a month from 4:00 -5:30pm. This has been very popular with young families and consists of craft and activities, followed by a Bible story, songs and prayer in the church after (every child gets to ring the bell!) and then a delicious meal is shared together. The cost is free, but there is a donations box if people would like to contribute. The dates for Messy Church for the rest of this year are: **13<sup>th</sup> October, 3<sup>rd</sup> November, 1<sup>st</sup> December.**

You are welcome to turn up, but it helps with catering if you let us know you'd like to come. Enquiries are through Vicki Cottier at [messychurch2324@gmail.com](mailto:messychurch2324@gmail.com) or on 0431 985598 .

**Little Fish Playgroup** is on every Friday during school term from 10:00-11:30am. Parents and carers of young children are welcome to come and enjoy a chat and a coffee while their little ones play. There is also a time of music, movement and a story. Cost is \$2 per family.

**The Op Shop** is a treasure trove of clothes and goods and also a great place to call in for a chat with our friendly volunteers. Opening times are **Weds, Thurs, Fri and Sat from 9am - 1pm.** Please remember if you are donating goods, we are not allowed to sell or give away electrical items and we don't have room for furniture or large items, so please don't drop these items off.

For enquiries for any of our services or activities, please contact Rev. Alison Williams on 0491 112681 or [alisonwilliams1@zoho.com](mailto:alisonwilliams1@zoho.com)



### OUR LADY OF THE ROSARY, CATHOLIC CHURCH, KARUAH

#### Mass Times for October 2024

1st, 3rd and 5th weeks are Saturday evening @ 6.30pm

2nd and 4th weeks are Sundays @ 8.30am

The 2nd Sunday is a celebration of the Eucharist with Communion without a priest.

After the 4th Sunday Mass we have a community morning tea in Marian House with the Catholic community invited.

Our Lady of the Rosary parishioners have commenced a monthly

#### Women's Shed

to be held on the

2nd Wednesday of each month at

2.30pm in our

Church Hall, Marian House.

***This is for all women in our town who would like to come and share a cuppa, chat & bring along any craft to work on.***

**What do you get from a pampered cow? Spoiled milk.**



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Dr Avisham Ramphul (MBBS, MSc Dentistry) Dr Jacintha Barnasuriya (MBBS)

Dr Aqsa Tufail (MBBS) Dr Iqbal Pakzad (MBBS) Dr Dinushi Wamasuriya (MBBS)

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